



South Pool @ Woodson YMCA-Wausau
August 4th - August 10th

707 N. 3rd Street
Wausau, WI 54403
715-845-2177

	SUN 4	MON 5	TUE 6	WED 7	THU 8	FRI 9	SAT 10
9am		Deep Water Exercise Diane M 9am - 9:55am		Deep Water Exercise Renee Clark 9am - 9:55am			
1pm							Open Swim 1pm - 4pm

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.