



Henderson Family YMCA

April 20th - April 26th

380 Ruin Creek Road
Henderson, NC 27536
(252) 438-2144

	SUN 20	MON 21	TUE 22	WED 23	THU 24	FRI 25	SAT 26
8am		Nursery Nursery (Sign Up Required) 8am - 12pm	Nursery Nursery (Sign Up Required) 8am - 12pm	Nursery Nursery (Sign Up Required) 8am - 12pm	Nursery Nursery (Sign Up Required) 8am - 12pm	Nursery Nursery (Sign Up Required) 8am - 12pm	
5pm		Kid Zone Kid Zone (Drop-in Service) 5:15pm - 8:30pm	Nursery Nursery (Sign Up Required) 5:15pm - 8:30pm	Kid Zone Kid Zone (Drop-in Service) 5:15pm - 8:30pm	Nursery Nursery (Sign Up Required) 5:15pm - 8:30pm		
		Nursery Nursery (Sign Up Required) 5:15pm - 8:30pm		Nursery Nursery (Sign Up Required) 5:15pm - 8:30pm			

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.