



# YMCA of Collier County | Marco

December 4th - December 10th

101 Sand Hill Street  
Marco Island, FL 34145  
(239) 394-9622

	SUN 4	MON 5	TUE 6	WED 7	THU 8	FRI 9	SAT 10
6am		<b>Cardio/Strength</b> Gymnasium Stacy W 6am - 7am	<b>Spinning</b> Gymnasium Stacy W 6am - 7am	<b>Strength Training</b> Gymnasium Stacy W 6am - 7am	<b>Kickboxing</b> Gymnasium Stacy W 6am - 6:55am	<b>Bootcamp</b> Gymnasium Stacy W 6am - 7am	
7am			<b>Hard Core Fusion Strength</b> Gymnasium Stephen C 7am - 7:45am		<b>Hard Core Fusion Strength</b> Gymnasium Stephen C 7am - 7:45am		
8am		<b>Yoga</b> Gymnasium Dixie H 8am - 8:45am	<b>Yoga</b> Gymnasium Mary F 8am - 7pm	<b>Pickleball - Round Robin Play</b> Pickleball Courts Staff 8am - 12pm	<b>Cardio</b> Gymnasium Denise T 8am - 8:50am	<b>Yoga</b> Gymnasium Mary F 8am - 7pm	<b>Barre Core</b> YDC Fritzi H 8am - 8:50am
		<b>Aqua Jogging</b> Dottie Weiner Aquatics Center Barbara Chrystal 8am - 8:45am	<b>Barre Core</b> YDC Fritzi H 8am - 8:50am	<b>Aqua Jogging</b> Dottie Weiner Aquatics Center Richard C 8am - 8:45am	<b>Meeting</b> Education Room Staff 8am - 2pm	<b>Aqua Jogging</b> Dottie Weiner Aquatics Center Richard C 8am - 8:45am	<b>Pickleball - Round Robin Play</b> Pickleball Courts Staff 8am - 12pm
		<b>Pickleball - Round Robin Play</b> Pickleball Courts Staff 8am - 12pm	<b>Spinning</b> Gymnasium Angie T 8:30am - 7pm	<b>Spinning</b> Gymnasium Nancy P 8:30am - 7pm	<b>Barre Core</b> Tiki Hut Fritzi H 8am - 8:50am	<b>Spinning</b> Gymnasium Nancy P 8:30am - 7pm	
		<b>Spinning</b> Gymnasium Angie T 8:30am - 7pm					
9am		<b>Dragon Boat Paddle</b> Dottie Weiner Aquatics Center Richard C 9am - 9:45am	<b>Pickleball - Round Robin Play</b> Pickleball Courts Staff 9am - 12pm	<b>Dragon Boat Paddle</b> Dottie Weiner Aquatics Center Richard C 9am - 9:45am	<b>Strength Training</b> Gymnasium Carole S 9am - 9:50am	<b>Dragon Boat Paddle</b> Dottie Weiner Aquatics Center Richard C 9am - 9:45am	<b>Gentle Fitness</b> YDC Fritzi H 9am - 9:50am
		<b>Cardio/Strength</b> Gymnasium Dixie H 9am - 7pm	<b>Aqua Jogging</b> Dottie Weiner Aquatics Center Richard C 9am - 9:45am	<b>Zumba</b> Airnasium Yolande D 9:15am - 10am	<b>Pickleball - Round Robin Play</b> Pickleball Courts Staff 9am - 12pm	<b>Cardio/Strength</b> Gymnasium Kathy K 9am - 9:50am	<b>Aqua Zumba</b> Dottie Weiner Aquatics Center Doris D 9am - 10am
			<b>Cardio/Strength</b> Gymnasium Denise T 9am - 9:50am		<b>Gentle Yoga</b> YDC Mary F 9am - 9:50am	<b>Gentle Yoga</b> YDC Mary F 9:05am - 9:55am	<b>Zumba</b> Gymnasium Daisy P 9:30am - 10:20am
			<b>Gentle Yoga</b> YDC Mary F 9:05am - 9:55am		<b>Aqua Jogging</b> Dottie Weiner Aquatics Center Richard C 9am - 9:45am		
					<b>Stretch</b> YDC Mary F 9:55am - 10:55am		

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10am	<b>Water Volleyball</b> Dottie Weiner Aquatics Center Staff 10am - 12pm	<b>Functional Activity</b> Gymnasium Mary F 10am - 7pm	<b>Aqua Fit</b> Dottie Weiner Aquatics Center Doris D 10am - 10:45am	<b>Staff Training</b> Education Room Stephanie Pepper 10am - 11:30am	<b>Aqua Fit</b> Dottie Weiner Aquatics Center Doris D 10am - 10:45am	<b>Aqua Fit</b> Dottie Weiner Aquatics Center Jane H 10am - 10:45am	
		<b>Aqua Fit</b> Dottie Weiner Aquatics Center Jane H 10am - 10:45am	<b>Stretch</b> YDC Mary F 10am - 10:45am	<b>Barre Strength</b> Gymnasium Dixie H 10:15am - 11am	<b>Intermediate/Advanced Tai Chi</b> Gymnasium Jane K 10am - 11am	<b>Functional Activity</b> Gymnasium Mary F 10:10am - 10:55am	
					<b>Intermediate/Advanced Tai Chi</b> Gymnasium Jane K 10am - 7pm		
11am		<b>Aqua Jogging</b> Dottie Weiner Aquatics Center Jane H 11am - 11:45am	<b>Beginning Tai Chi</b> Gymnasium Jane K 11am - 7pm	<b>Chair Yoga</b> Gymnasium Dixie H 11:10am - 7pm	<b>Beginning Tai Chi</b> Gymnasium Jane K 11am - 12pm	<b>Aqua Jogging</b> Dottie Weiner Aquatics Center Jane H 11am - 11:45am	
		<b>Chair Yoga</b> Gymnasium Fritzi H 11am - 7pm	<b>Community Event</b> YDC Staff 11am - 1:30pm		<b>Beginning Tai Chi</b> Gymnasium Jane K 11am - 7pm		
12pm		<b>Rock Steady Boxing \$</b> Gymnasium Jane H 12:15pm - 1:30pm	<b>Mahjongg</b> Gymnasium Jean Martin 12:30pm - 3pm	<b>Parkinson Support Group</b> Education Room Staff 12pm - 1pm		<b>Rock Steady Boxing \$</b> Gymnasium Jane H 12:15pm - 1:30pm	
				<b>Rock Steady Boxing \$</b> Gymnasium Jane H 12:15pm - 1:30pm			
1pm	<b>After School Program</b> Airnasium Charlene Rose 1pm - 3:45pm	<b>After School Program</b> Airnasium Charlene Rose 1pm - 3:45pm	<b>After School Program</b> Airnasium Charlene Rose 1pm - 3:45pm	<b>After School Program</b> Airnasium Charlene Rose 1pm - 3:45pm	<b>After School Program</b> Airnasium Charlene Rose 1pm - 3:45pm	<b>After School Program</b> Airnasium Charlene Rose 1pm - 3:45pm	<b>Child Care Event</b> Airnasium Charlene Rose 1pm - 8pm
							<b>After School Program</b> Airnasium Charlene Rose 1pm - 3:45pm
2pm			<b>After School Program</b> YDC Charlene Rose 2pm - 6pm	<b>After School Program</b> YDC Charlene Rose 2pm - 6pm	<b>After School Program</b> YDC Charlene Rose 2pm - 6pm	<b>After School Program</b> YDC Charlene Rose 2pm - 6pm	<b>Child Care Event</b> YDC Charlene Rose 2pm - 6pm
				<b>After School Program</b> YDC Charlene Rose 2pm - 6pm			

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				<b>After School Program</b> Education Room Charlene Rose 2pm - 6pm			
3pm			<b>After School Program</b> Airnasium Charlene Rose 3:45pm - 5:45pm	<b>After School Program</b> Airnasium Charlene Rose 3:45pm - 5:45pm	<b>After School Program</b> Airnasium Charlene Rose 3:45pm - 5:45pm	<b>After School Program</b> Airnasium Charlene Rose 3:45pm - 5:45pm	
4pm		<b>Zumba</b> Gymnasium Yolande D 4:30pm - 5:15pm					
5pm		<b>Youth Karate/MMA</b> Gymnasium Staff 5:20pm - 6:15pm	<b>Spinning</b> Gymnasium Suzanne B 5:30pm - 7pm	<b>Zumba</b> Airnasium Jennifer T 5:30pm - 6:15pm			
6pm		<b>Adult MMA</b> Gymnasium Staff 6:20pm - 7:20pm	<b>Yoga</b> Gymnasium Taylor D 6:30pm - 7pm				

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