



YMCA of Collier County | Marco

April 19th - April 25th

101 Sand Hill Street
Marco Island, FL 34145
(239) 394-9622

	FRI 19	SAT 20	SUN 21	MON 22	TUE 23	WED 24	THU 25
6am	Bootcamp Gymnasium Stacy W 6am - 7am			Cardio/Strength Gymnasium Stacy W 6am - 7am	Spinning Spin Studio Stacy W 6am - 7am	Strength Training Gymnasium Stacy W 6am - 7am	Kickboxing Gymnasium Stacy W 6am - 6:55am
7am	TRX Tiki Hut Hazel M 7am - 7:55am			Open Swim Dottie Weiner Aquatics Center Staff 7am - 3:30pm	Hard Core Fusion Strength Gymnasium Stephen C 7am - 7:50am	TRX Tiki Hut Hazel M 7am - 7:55am	Hard Core Fusion Strength Gymnasium Stephen C 7am - 7:50am
	Open Swim Dottie Weiner Aquatics Center Staff 7am - 3:30pm				Open Swim Dottie Weiner Aquatics Center Staff 7am - 3:30pm	Open Swim Dottie Weiner Aquatics Center Staff 7am - 3:30pm	Open Swim Dottie Weiner Aquatics Center Staff 7am - 3:30pm
8am	Intermediate Yoga Gymnasium Mary F 8am - 8:55am	Pickleball - Round Robin Play Pickleball Courts Staff 8am - 12pm	Open Swim Dottie Weiner Aquatics Center Staff 8am - 1pm	Yoga Gymnasium Dixie H 8am - 8:45am	Intermediate Yoga Gymnasium Mary F 8am - 8:55am	Pickleball - Round Robin Play Pickleball Courts Staff 8am - 12pm	Barre Core YDC Fritzi H 8am - 8:50am
	Spinning Spin Studio Nancy P 8:30am - 9:30am	Aqua Step Dottie Weiner Aquatics Center Doris D 8am - 8:45am		Pickleball - Round Robin Play Pickleball Courts Staff 8am - 12pm	Barre Core YDC Fritzi H 8am - 8:50am	Yoga Gymnasium Kathy K 8am - 8:45am	Cardio Gymnasium Denise T 8am - 8:50am
		Open Swim Dottie Weiner Aquatics Center Staff 8am - 3pm		Spinning Spin Studio Angie T 8:30am - 9:30am	Spinning Spin Studio Nancy P 8:30am - 9:30am	Spinning Spin Studio Angie T 8:30am - 9:30am	Spinning Spin Studio Angie T 8:30am - 9:30am
		Family Event YDC Catera Isme 8am - 2pm					
		Family Event Airnasium Catera Isme 8am - 2pm					
		Barre Core Tiki Hut Fritzi H 8am - 8:50am					
		Spinning Spin Studio Stephen C 8:30am - 9:30am					
		Intermediate Yoga Gymnasium Mary F 8:30am - 9:25am					
9am	Cardio/Strength Gymnasium Kathy K 9am - 9:50am	Aqua Zumba Dottie Weiner Aquatics Center Doris D 9am - 10am		Cardio/Strength Gymnasium Carole S 9am - 9:50am	Cardio/Strength Gymnasium Denise T 9am - 9:50am	Zumba Gymnasium Yolande D 9:15am - 10am	Aqua Power Jog Dottie Weiner Aquatics Center Barbara Chrystal 9am - 9:45am

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	FRI 19	SAT 20	SUN 21	MON 22	TUE 23	WED 24	THU 25
	Gentle Yoga YDC Mary F 9:05am - 9:55am	Family Event YDC Charlene Rose 9am - 2pm			Pickleball - Round Robin Play Pickleball Courts Staff 9am - 12pm		Gentle Yoga YDC Mary F 9am - 9:50am
		Gentle Fitness Tiki Hut Fritzi H 9am - 9:50am			Aqua Power Jog Dottie Weiner Aquatics Center Barbara Chrystal 9am - 9:45am		Strength Training Gymnasium Carole S 9am - 9:50am
		Cardio/Strength Gymnasium Kathy K 9:30am - 10:20am			Gentle Yoga YDC Mary F 9:05am - 9:55am		Pickleball - Round Robin Play Pickleball Courts Staff 9am - 12pm
							Stretch YDC Mary F 9:55am - 10:45am
10am	Mat Pilates YDC Candy S 10am - 10:50am	Theater YDC Staff 10am - 12pm	Water Volleyball Dottie Weiner Aquatics Center Staff 10am - 12pm	Mat Pilates YDC Candy S 10am - 10:50am	Stretch YDC Mary F 10am - 10:45am	Aqua Fit Dottie Weiner Aquatics Center Barbara Chrystal 10am - 10:45am	Aqua Fit Dottie Weiner Aquatics Center Barbara Chrystal 10am - 10:45am
	Aqua Bootcamp Dottie Weiner Aquatics Center Jane H 10am - 10:45am			Functional Activity Gymnasium Mary F 10am - 10:50am	Aqua Fit Dottie Weiner Aquatics Center Barbara Chrystal 10am - 10:45am	Barre Strength Gymnasium Dixie H 10:15am - 11am	Mindful Movement Gymnasium Fritzi H 10:10am - 11am
	Functional Activity Gymnasium Mary F 10:10am - 10:55am			Aqua Fit Dottie Weiner Aquatics Center Jane H 10am - 10:45am	Mindful Movement Gymnasium Fritzi H 10:10am - 11am		
11am	Aqua Jogging Dottie Weiner Aquatics Center Jane H 11am - 11:45am	Volleyball Camp Gymnasium Jodi Pree 11am - 12:30pm		Light Sassy Groove Gymnasium Kathy K 11am - 11:45am	Step Aerobics Gymnasium Candy S 11:15am - 12:15pm		
				Aqua Jogging Dottie Weiner Aquatics Center Jane H 11am - 11:45am			
12pm				Set-up Gymnasium Staff 12pm - 12:15pm	Mahjongg Gymnasium Jean Martin 12:30pm - 3pm	Set-up Gymnasium Staff 12pm - 12:15pm	
				Rock Steady Boxing \$ Gymnasium Jane H 12:15pm - 1:30pm		Rock Steady Boxing \$ Gymnasium Jane H 12:15pm - 1:30pm	

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	FRI 19	SAT 20	SUN 21	MON 22	TUE 23	WED 24	THU 25
1pm				Meeting YDC Mara Madera 1pm - 3:30pm	Meeting Education Room Staff 1pm - 3:30pm		
2pm	After School Program YDC Charlene Rose 2pm - 6pm			After School Program YDC Charlene Rose 2pm - 6pm	After School Program YDC Charlene Rose 2pm - 6pm	After School Program YDC Charlene Rose 2pm - 6pm	After School Program YDC Charlene Rose 2pm - 6pm
	Parkinson's World Wide Workout Gymnasium Staff 2pm - 3pm						
3pm	After School Program Airnasium Charlene Rose 3:30pm - 5:45pm			After School Program Airnasium Charlene Rose 3:30pm - 5:45pm	After School Program Airnasium Charlene Rose 3:30pm - 5:45pm	After School Program Airnasium Charlene Rose 3:30pm - 5:45pm	After School Program Airnasium Charlene Rose 3:30pm - 5:45pm
4pm	Open Swim (1 Lane Only) Dottie Weiner Aquatics Center Staff 4:30pm - 6pm			Zumba Gymnasium Yolande D 4:30pm - 5:15pm	Open Swim (1 Lane Only) Dottie Weiner Aquatics Center Staff 4:30pm - 6pm	Little TYKES Gymnasium Kyle Keith 4:30pm - 5:15pm	Open Swim (1 Lane Only) Dottie Weiner Aquatics Center Staff 4:30pm - 6pm
				Open Swim (1 Lane Only) Dottie Weiner Aquatics Center Staff 4:30pm - 6pm		Open Swim (1 Lane Only) Dottie Weiner Aquatics Center Staff 4:30pm - 6pm	
5pm				Cardio and Core Gymnasium Laura D 5:30pm - 6:30pm	Cardio and Core Gymnasium Laura D 5:30pm - 6:30pm	Volleyball Camp Gymnasium Jodi Pree 5:30pm - 7pm	Cardio and Core Gymnasium Laura D 5:30pm - 6:30pm
					Spinning Spin Studio Suzanne B 5:30pm - 6:15pm		
6pm				Yin Yoga Gymnasium Taylor D 6:45pm - 7:30pm	Yoga Sculpt Gymnasium Taylor D 6:30pm - 7:15pm	Zumba YDC Jennifer T 6pm - 6:45pm	Hatha Yoga Gymnasium Taylor D 6:30pm - 7:15pm
7pm					Restorative Yoga Gymnasium Taylor D 7:30pm - 8pm		

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