



Tillamook County Family YMCA  
April 26th - May 2nd

610 Stillwell Avenue  
TILLAMOOK, OR 97141  
(503) 842-9622

	FRI 26	SAT 27	SUN 28	MON 29	TUE 30	WED 1	THU 2
6am	<b>Adult Basketball</b> North and South Gym No Instruction 6am - 7am			<b>Adult Basketball</b> North and South Gym No Instruction 6am - 7am		<b>Adult Basketball</b> North and South Gym No Instruction 6am - 7am	
8am				<b>Fit For Life</b> Racquetball Court Molly Carlson 8:30am - 9:30am		<b>Fit For Life</b> Racquetball Court Molly Carlson 8:30am - 9:30am	

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.