



The Ellen Shapiro Natatorium @ YMCA of Wooster

March 1st - March 7th

680 Woodland Avenue

WOOSTER, OH 44691

(330) 264-3131

	SUN 1	MON 2	TUE 3	WED 4	THU 5	FRI 6	SAT 7
9am		Water Aerobics Aquatics Instructor 9am - 10am		Water Aerobics Aquatics Instructor 9am - 10am		Water Aerobics Aquatics Instructor 9am - 10am	
		Deep Water Aerobics Aquatics Instructor 9:15am - 10:15am		Deep Water Aerobics Aquatics Instructor 9:15am - 10:15am		Deep Water Aerobics Aquatics Instructor 9:15am - 10:15am	

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.