



# Aquatics @ Columbus Family YMCA

July 4th - July 10th

3912 38th Street  
Columbus, NE 68601  
(402) 564-9477

	FRI 4	SAT 5	SUN 6	MON 7	TUE 8	WED 9	THU 10
5am	Adult Swim Only 5:15am - 12pm			Adult Swim Only 5:15am - 10am	Adult Swim Only 5:15am - 10am	Adult Swim Only 5:15am - 10am	Adult Swim Only 5:15am - 10am
	Warm Water Area Open 5:15am - 7pm			Warm Water Area Open 5:15am - 8pm	Warm Water Area Open 5:15am - 8pm	Warm Water Area Open 5:15am - 8pm	Warm Water Area Open 5:15am - 8pm
6am		Adult Swim Only 6am - 12pm					
10am				LAP POOL CLOSED: Swim Lessons 10am - 11:05am	LAP POOL CLOSED: Swim Lessons 10am - 11:05am	LAP POOL CLOSED: Swim Lessons 10am - 11:05am	LAP POOL CLOSED: Swim Lessons 10am - 11:05am
11am				FAMILY/OPEN SWIM 11am - 4pm	FAMILY/OPEN SWIM 11am - 4pm	FAMILY/OPEN SWIM 11am - 4pm	FAMILY/OPEN SWIM 11am - 4pm
				LAP LANES 1 & 2 CLOSED: Swim Lessons 11:10am - 11:40am	WARM WATER POOL CLOSED FOR AI CHI 11am - 12pm	LAP LANES 1 & 2 CLOSED: Swim Lessons 11:10am - 11:40am	LAP LANES 1 & 2 CLOSED: Swim Lessons 11:10am - 11:40am
					LAP LANES 1 & 2 CLOSED: Swim Lessons 11:10am - 11:40am		
12pm	FAMILY/OPEN SWIM 12pm - 7pm	FAMILY/OPEN SWIM 12pm - 7pm	FAMILY/OPEN SWIM 12:15pm - 5pm				
4pm				LAP POOL CLOSED: Swim Lessons 4:30pm - 5:30pm	LAP POOL CLOSED: Swim Lessons 4:30pm - 5:30pm	LAP POOL CLOSED: Swim Lessons 4:30pm - 5:30pm	LAP POOL CLOSED: Swim Lessons 4:30pm - 5:30pm
5pm				FAMILY/OPEN SWIM 5:30pm - 8pm	FAMILY/OPEN SWIM 5:30pm - 8pm	FAMILY/OPEN SWIM 5:30pm - 8pm	FAMILY/OPEN SWIM 5:30pm - 8pm
				LAP LANES 1 & 2 CLOSED: Swim Lessons 5:40pm - 6:10pm	LAP LANES 1 & 2 CLOSED: Swim Lessons 5:40pm - 6:10pm	LAP LANES 1 & 2 CLOSED: Swim Lessons 5:40pm - 6:10pm	LAP LANES 1 & 2 CLOSED: Swim Lessons 5:40pm - 6:10pm

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.