

Aquatics @ Columbus Family YMCA June 19th - June 25th

3912 38th Street Columbus, NE 68601 (402) 564-9477

	THU 19	FRI 20	SAT 21	SUN 22	MON 23	TUE 24	WED 25
5am	Adult Swim Only 5:15am - 10am	Adult Swim Only 5:15am - 12pm			Adult Swim Only 5:15am - 10am	Adult Swim Only 5:15am - 10am	Adult Swim Only 5:15am - 10am
	Warm Water Area Open 5:15am - 8pm	Warm Water Area Open 5:15am - 7pm			Warm Water Area Open 5:15am - 8pm	Warm Water Area Open 5:15am - 8pm	Warm Water Area Open 5:15am - 8pm
6am			Adult Swim Only 6am - 12pm				
10am	LAP POOL CLOSED: Swim Lessons 10am - 11:05am				LAP POOL CLOSED: Swim Lessons 10am - 11:05am	LAP POOL CLOSED: Swim Lessons 10am - 11:05am	LAP POOL CLOSED: Swim Lessons 10am - 11:05am
11am	FAMILY/OPEN SWIM 11am - 4pm				FAMILY/OPEN SWIM 11am - 4pm	FAMILY/OPEN SWIM 11am - 4pm	FAMILY/OPEN SWIM 11am - 4pm
	LAP LANES 1 & 2 CLOSED: Swim Lessons 11:10am - 11:40am				LAP LANES 1 & 2 CLOSED: Swim Lessons 11:10am - 11:40am	WARM WATER POOL CLOSED FOR AI CHI 11am - 12pm	LAP LANES 1 & 2 CLOSED: Swim Lessons 11:10am - 11:40am
						LAP LANES 1 & 2 CLOSED: Swim Lessons 11:10am - 11:40am	
12pm		FAMILY/OPEN SWIM 12pm - 7pm	FAMILY/OPEN SWIM 12pm - 7pm	FAMILY/OPEN SWIM 12:15pm - 5pm			
4pm	LAP POOL CLOSED: Swim Lessons 4:30pm - 5:30pm				LAP POOL CLOSED: Swim Lessons 4:30pm - 5:30pm	LAP POOL CLOSED: Swim Lessons 4:30pm - 5:30pm	LAP POOL CLOSED: Swim Lessons 4:30pm - 5:30pm
5pm	FAMILY/OPEN SWIM 5:30pm - 8pm				FAMILY/OPEN SWIM 5:30pm - 8pm	FAMILY/OPEN SWIM 5:30pm - 8pm	FAMILY/OPEN SWIM 5:30pm - 8pm
	LAP LANES 1 & 2 CLOSED: Swim Lessons 5:40pm - 6:10pm				LAP LANES 1 & 2 CLOSED: Swim Lessons 5:40pm - 6:10pm	LAP LANES 1 & 2 CLOSED: Swim Lessons 5:40pm - 6:10pm	LAP LANES 1 & 2 CLOSED: Swim Lessons 5:40pm - 6:10pm

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.