# Track @ Greater Missoula Family YMCA

January 30th - February 5th

3000 South Russell Street
MISSOULA, MT 59801
(406) 721-9622

| | SAT 30 | SUN 31 | MON 1 | TUE 2 | WED 3 | THU 4 | FRI 5 |
|---|---|---|---|---|---|---|---|
| 11am | **Family Track Time** 11am - 2pm | **Family Track Time** 11am - 2pm | | | | | |
| 7pm | | | | **Family Track Time** 7pm - 8pm | | **Family Track Time** 7pm - 8pm | **Family Track Time** 7pm - 8pm |

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.