Track @ Greater Missoula Family YMCA

January 3rd - January 9th

3000 South Russell Street
MISSOULA, MT 59801
(406) 721-9622

	SUN 3	MON 4	TUE 5	WED 6	THU 7	FRI 8	SAT 9
11am	**Family Track Time** 11am - 2pm						**Family Track Time** 11am - 2pm
7pm			**Family Track Time** 7pm - 8pm		**Family Track Time** 7pm - 8pm	**Family Track Time** 7pm - 8pm	

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.