



Pool @ Eastern Lycoming
May 28th - June 3rd

50 Fitness Drive
MUNCY, PA 17756
(570) 546-8822

	THU 28	FRI 29	SAT 30	SUN 31	MON 1	TUE 2	WED 3
6am	Open Swim - 3 Lap Lanes Open 6:30am - 9am	Open Swim - 3 Lap Lanes Open 6:30am - 8am			Open Swim - 3 Lap Lanes Open 6:30am - 8am	Open Swim - 3 Lap Lanes Open 6:30am - 9:45am	Open Swim - 3 Lap Lanes Open 6:30am - 8am
8am		3 Lap Lanes Open 8am - 9am	MASTERS - NO LANES OPEN 8am - 9am		3 Lap Lanes Open 8am - 9am		3 Lap Lanes Open 8am - 9am
		Member Aerobics Member Lead 8am - 9am	Swim Lessons 8:30am - 10:15am		Member Aerobics Member Lead 8am - 9am		Member Aerobics Member Lead 8am - 9am
9am	2 Lap Lanes Open 9am - 11am	0 Lanes Open 9am - 10am	Open Swim - 2 Lap Lanes Open 9am - 12pm		0 Lanes Open 9am - 10am	Preschool Swim 9:45am - 12pm	0 Lanes Open 9am - 10am
	Water Aerobics Michelle McGee 9am - 10am	Fit & Tone Member Lead 9am - 10am	Private Swim Lessons 9am - 12pm		Fit & Tone Member Lead 9am - 10am	3 Lap Lanes Open 9:45am - 12pm	Fit & Tone Member Lead 9am - 10am
10am	Water Aerobics Michelle McGee 10am - 11am	Open Swim - 3 Lap Lanes Open 10am - 6:30pm		POOL & SPA CLOSED 10am - 3pm	Open Swim - 3 Lap Lanes Open 10am - 6pm		Open Swim - 3 Lap Lanes Open 10am - 7:30pm
11am	Open Swim - 3 Lap Lanes Open 11am - 7:30pm						
12pm			Open Swim - 3 Lap Lanes Open 12pm - 3:30pm			Open Swim - 3 Lap Lanes Open 12pm - 6pm	SPA CLOSED 12pm - 7:30pm
5pm		Swim Lessons 5pm - 6:30pm					
6pm	Open Swim - 0 Lap Lanes Open 6pm - 7:30pm				Open Swim - 0 Lap Lanes Open 6pm - 7:30pm	Open Swim - 0 Lap Lanes Open 6pm - 7:30pm	

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.