



Pool @ Eastern Lycoming  
May 2nd - May 8th

50 Fitness Drive  
MUNCY, PA 17756  
(570) 546-8822

	FRI 2	SAT 3	SUN 4	MON 5	TUE 6	WED 7	THU 8
5am	POOL CLOSED 5am - 7pm						
6am				Open Swim - 3 Lap Lanes Open 6:30am - 8am	Open Swim - 3 Lap Lanes Open 6:30am - 11am	Open Swim - 3 Lap Lanes Open 6:30am - 8am	Open Swim - 3 Lap Lanes Open 6:30am - 12pm
8am		MASTERS - NO LANES OPEN 8am - 9am		3 Lap Lanes Open 8am - 9am		3 Lap Lanes Open 8am - 9am	
				Member Aerobics Member Lead 8am - 9am		Member Aerobics Member Lead 8am - 9am	
9am		Open Swim - 2 Lap Lanes Open 9am - 12pm		0 Lanes Open 9am - 10am	RAMP AREA CLOSED 9:45am - 11am	0 Lanes Open 9am - 10am	
		Private Swim Lessons 9am - 12pm		Fit & Tone Member Lead 9am - 10am		Fit & Tone Member Lead 9am - 10am	
10am			Open Swim - 3 Lap Lanes Open 10am - 2:30pm	2 Lap Lanes Open 10am - 11am		Open Swim - 3 Lap Lanes Open 10am - 12pm	
				Water Aerobics Michelle McGee 10am - 11am			
11am				Open Swim - 3 Lap Lanes Open 11am - 12pm	POOL & SPA CLOSED 11am - 4pm		
12pm		Open Swim - 3 Lap Lanes Open 12pm - 3:30pm		POOL & SPA CLOSED 12pm - 4pm		POOL & SPA CLOSED 12pm - 4pm	POOL & SPA CLOSED 12pm - 4pm
4pm				Open Swim - 3 Lap Lanes Open 4pm - 7:30pm	Open Swim - 3 Lap Lanes Open 4pm - 7:30pm	Open Swim - 3 Lap Lanes Open 4pm - 7:30pm	Open Swim - 3 Lap Lanes Open 4pm - 7:30pm

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.