

## Pool @ Williamsport December 14th - December 20th

641 Walnut Street Williamsport, PA 17701 5703237134

	SUN 14	MON 15	TUE 16	WED 17	THU 18	FRI 19	SAT 20
iam		<b>Open Swim - 3 Lap</b> <b>Lanes Open</b> 5am - 9am	<b>Open Swim</b> <b>Availability</b> Life guards 5am - 9am	Open Swim - 3 Lap Lanes Open 5am - 9am	<b>Open Swim</b> <b>Availability</b> Life guards 5am - 9am	<b>Open Swim - 3 Lap</b> <b>Lanes Open</b> 5am - 9am	
		<b>Open Swim</b> <b>Availability</b> Life guards 5am - 9am	MASTERS Swim Sue Smith 5:30am - 6:30am	<b>Open Swim</b> <b>Availability</b> Life guards 5am - 9am	<b>MASTERS Swim</b> Sue Smith 5:30am - 6:30am	<b>Open Swim</b> <b>Availability</b> Life guards 5am - 9am	
am							Member ONLY - Open Swim Life guards 7:30am - 9am
							<b>Open Swim Availability</b> Life guards 7:30am - 9am
am		<b>Water Fitness</b> Ghena Benner 9am - 10am	<b>Water Fitness</b> Ghena Benner 9am - 10am	<b>Water Fitness</b> Ghena Benner 9am - 10am	<b>Water Fitness</b> Ghena Benner 9am - 10am	<b>Water Fitness</b> Ghena Benner 9am - 10am	
am	Member ONLY - Open Swim Life guards 10am - 2:30pm	<b>Water Fitness</b> Ghena Benner 10am - 11am	<b>Open Swim</b> <b>Availability</b> Life guards 10am - 5:30pm	Open Swim Availability Life guards 10am - 11am	<b>Open Swim</b> 10am - 8:30pm	Open Swim Availability Life guards 10am - 11am	YMCA Swim Lessons Life guards 10:15am - 11:30am
	Open Swim Availability Life guards 10am - 2:30pm				Open Swim Availability Life guards 10am - 1pm		
am		<b>Water Yoga</b> Lenora Georges 11am - 12pm		<b>Water Yoga</b> Lenora Georges 11am - 12pm		<b>Water Yoga</b> Lenora Georges 11am - 12pm	Member ONLY - Open Swim Life guards 11:30am - 1:30pm
							<b>Open Swim Availability</b> Life guards 11:30am - 3pm
pm		<b>Open Swim</b> <b>Availability</b> Life guards 12pm - 1pm		<b>Open Swim</b> <b>Availability</b> Life guards 12pm - 1pm		<b>Open Swim</b> <b>Availability</b> Life guards 12pm - 1pm	
pm		Arthritis Class Ruth Persun 1pm - 2pm		<b>Arthritis Class</b> Ruth Persun 1pm - 2pm	Homeschool Swim Lessons Multiple Instructors 1pm - 2pm	<b>Arthritis Class</b> Ruth Persun 1pm - 2pm	
					Homeschool Swim Lessons Multiple Instructors 1pm - 2pm		
2pm		<b>Open Swim</b> 2pm - 8:30pm		<b>Open Swim</b> 2pm - 8:30pm	Open Swim Availability Life guards 2pm - 8:30pm	<b>Open Swim</b> <b>Availability</b> Life guards 2pm - 7:30pm	

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.



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6pm

SUN 14	MON 15	TUE 16	WED 17	THU 18	FRI 19	SAT 20
		Open Swim				
		Availability				
		Life guards				
		6:30pm - 8:30pm				

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