

## Pool @ Williamsport September 20th - September 26th

641 Walnut Street Williamsport, PA 17701 5703237134

	SAT 20	SUN 21	MON 22	<b>TUE 23</b>	WED 24	THU 25	FRI 26
am			<b>Open Swim - 3 Lap</b> <b>Lanes Open</b> 5am - 9am	<b>Open Swim</b> <b>Availability</b> Life guards 5am - 9am	<b>Open Swim - 3 Lap</b> <b>Lanes Open</b> 5am - 9am	<b>Open Swim</b> <b>Availability</b> Life guards 5am - 9am	<b>Open Swim - 3 Lap</b> <b>Lanes Open</b> 5am - 9am
			<b>Open Swim</b> <b>Availability</b> Life guards 5am - 9am	MASTERS Swim Sue Smith 5:30am - 6:30am	<b>Open Swim</b> <b>Availability</b> Life guards 5am - 9am	MASTERS Swim Sue Smith 5:30am - 6:30am	<b>Open Swim</b> <b>Availability</b> Life guards 5am - 9am
am	Member ONLY - Open Swim Life guards 7:30am - 9am						
	Open Swim Availability Life guards 7:30am - 9am						
am			<b>Water Fitness</b> Ghena Benner 9am - 10am	<b>Water Fitness</b> Ghena Benner 9am - 10am	<b>Water Fitness</b> Ghena Benner 9am - 10am	<b>Water Fitness</b> Ghena Benner 9am - 10am	<b>Water Fitness</b> Ghena Benner 9am - 10am
am	YMCA Swim Lessons Life guards 10:15am - 11:30am	Member ONLY - Open Swim Life guards 10am - 2:30pm	<b>Water Fitness</b> Ghena Benner 10am - 11am	<b>Open Swim</b> <b>Availability</b> Life guards 10am - 5:30pm	Open Swim Availability Life guards 10am - 11am	<b>Open Swim</b> 10am - 8:30pm	<b>Open Swim</b> <b>Availability</b> Life guards 10am - 11am
		<b>Open Swim</b> <b>Availability</b> Life guards 10am - 2:30pm				<b>Open Swim</b> <b>Availability</b> Life guards 10am - 1pm	
am	Member ONLY - Open Swim Life guards 11:30am - 1:30pm		<b>Water Yoga</b> Lenora Georges 11am - 12pm		<b>Water Yoga</b> Lenora Georges 11am - 12pm		<b>Water Yoga</b> Lenora Georges 11am - 12pm
	Open Swim Availability Life guards 11:30am - 3pm						
pm			Open Swim Availability Life guards 12pm - 1pm		Open Swim Availability Life guards 12pm - 1pm		Open Swim Availability Life guards 12pm - 1pm
pm			Arthritis Class Ruth Persun 1pm - 2pm		<b>Arthritis Class</b> Ruth Persun 1pm - 2pm	Homeschool Swim Lessons Multiple Instructors 1pm - 2pm	<b>Arthritis Class</b> Ruth Persun 1pm - 2pm
						Homeschool Swim Lessons Multiple Instructors 1pm - 2pm	
pm			<b>Open Swim</b> 2pm - 8:30pm		<b>Open Swim</b> 2pm - 8:30pm	Open Swim Availability Life guards 2pm - 8:30pm	Open Swim Availability Life guards 2pm - 7:30pm

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.



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6pm

	SAT 20	SUN 21	MON 22	<b>TUE 23</b>	WED 24	THU 25	FRI 26
١ [				Open Swim			
				Availability			
				Life guards			
				6:30pm - 8:30pm			

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