



Pool @ Williamsport

July 16th - July 22nd

641 Walnut Street
Williamsport, PA 17701
5703237134

| | WED 16 | THU 17 | FRI 18 | SAT 19 | SUN 20 | MON 21 | TUE 22 |
|------|---|---|--|---|--|--|---|
| 5am | Open Swim - 3 Lap Lanes Open 5am - 9am | Open Swim Availability Life guards 5am - 9am | Open Swim - 3 Lap Lanes Open 5am - 9am | | | Open Swim - 3 Lap Lanes Open 5am - 9am | Open Swim Availability Life guards 5am - 9am |
| | Open Swim Availability Life guards 5am - 9am | MASTERS Swim Sue Smith 5:30am - 6:30am | Open Swim Availability Life guards 5am - 9am | | | Open Swim Availability Life guards 5am - 9am | MASTERS Swim Sue Smith 5:30am - 6:30am |
| 7am | | | | Member ONLY - Open Swim Life guards 7:30am - 9am | | | |
| | | | | Open Swim Availability Life guards 7:30am - 9am | | | |
| 9am | Water Fitness Ghena Benner 9am - 10am | Water Fitness Ghena Benner 9am - 10am | Water Fitness Ghena Benner 9am - 10am | | | Water Fitness Ghena Benner 9am - 10am | Water Fitness Ghena Benner 9am - 10am |
| 10am | Open Swim Availability Life guards 10am - 11am | Open Swim 10am - 8:30pm | Open Swim Availability Life guards 10am - 11am | Youth Swim Lessons Multiple Instructors 10am - 11:30am | Member ONLY - Open Swim Life guards 10am - 2:30pm | Water Fitness Ghena Benner 10am - 11am | Open Swim Availability Life guards 10am - 5:30pm |
| | | Open Swim Availability Life guards 10am - 1pm | | YMCA Swim Lessons Life guards 10:15am - 11:30am | Open Swim Availability Life guards 10am - 2:30pm | | |
| 11am | Water Yoga Lenora Georges 11am - 12pm | | Water Yoga Lenora Georges 11am - 12pm | Member ONLY - Open Swim Life guards 11:30am - 1:30pm | | Water Yoga Lenora Georges 11am - 12pm | |
| | | | | Open Swim Availability Life guards 11:30am - 3pm | | | |
| 12pm | Open Swim Availability Life guards 12pm - 1pm | | Open Swim Availability Life guards 12pm - 1pm | | | Open Swim Availability Life guards 12pm - 1pm | |
| 1pm | Arthritis Class Ruth Persun 1pm - 2pm | Homeschool Swim Lessons Multiple Instructors 1pm - 2pm | Arthritis Class Ruth Persun 1pm - 2pm | | | Arthritis Class Ruth Persun 1pm - 2pm | |
| | | Homeschool Swim Lessons Multiple Instructors 1pm - 2pm | | | | | |
| 2pm | Open Swim 2pm - 8:30pm | Open Swim Availability Life guards 2pm - 8:30pm | Open Swim Availability Life guards 2pm - 7:30pm | | | Open Swim 2pm - 8:30pm | |

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.



Pool @ Williamsport
July 16th - July 22nd

641 Walnut Street
Williamsport, PA 17701
5703237134

| | WED 16 | THU 17 | FRI 18 | SAT 19 | SUN 20 | MON 21 | TUE 22 |
|-----|---|--------|--------|--------|--------|--------|---|
| 5pm | YMCA Swim Lessons Multiple Instructors 5pm - 6:30pm | | | | | | |
| 6pm | | | | | | | Open Swim Availability Life guards 6:30pm - 8:30pm |

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.