

## Pool @ Williamsport May 2nd - May 8th

641 Walnut Street Williamsport, PA 17701 5703237134

	FRI 2	SAT 3	SUN 4	MON 5	TUE 6	WED 7	THU 8
n	<b>Open Swim - 3 Lap Lanes Open</b> 5am - 9am			<b>Open Swim - 3 Lap</b> Lanes Open 5am - 9am	<b>Open Swim</b> Availability Life guards 5am - 9am	<b>Open Swim - 3 Lap</b> Lanes Open 5am - 9am	<b>Open Swim</b> Availability Life guards 5am - 9am
	<b>Open Swim</b> Availability Life guards 5am - 9am			<b>Open Swim</b> Availability Life guards 5am - 9am	MASTERS Swim Sue Smith 5:30am - 6:30am	<b>Open Swim</b> Availability Life guards 5am - 9am	<b>MASTERS Swim</b> Sue Smith 5:30am - 6:30am
n		Member ONLY - Open Swim Life guards 7:30am - 9am					
		<b>Open Swim</b> <b>Availability</b> Life guards 7:30am - 9am					
m	<b>Water Fitness</b> Ghena Benner 9am - 10am			<b>Water Fitness</b> Ghena Benner 9am - 10am	<b>Water Fitness</b> Ghena Benner 9am - 10am	<b>Water Fitness</b> Ghena Benner 9am - 10am	<b>Water Fitness</b> Ghena Benner 9am - 10am
m	<b>Open Swim</b> Availability Life guards 10am - 11am	YMCA Swim Lessons Life guards 10:15am - 11:30am	Member ONLY - Open Swim Life guards 10am - 3:30pm	<b>Water Fitness</b> Ghena Benner 10am - 11am	<b>Open Swim</b> Availability Life guards 10am - 5:30pm	<b>Open Swim</b> Availability Life guards 10am - 11am	<b>Open Swim</b> Availability Life guards 10am - 1pm
		Youth Swim Lessons Multiple Instructors 10:15am - 11:30am	<b>Open Swim</b> <b>Availability</b> Life guards 10am - 3:30pm		<b>Open Swim</b> Availability Life guards 10am - 5:30pm		
m	<b>Water Yoga</b> Lenora Georges 11am - 12pm	Member ONLY - Open Swim Life guards 11:30am - 2:30pm		<b>Water Yoga</b> Lenora Georges 11am - 12pm		<b>Water Yoga</b> Lenora Georges 11am - 12pm	
		<b>Open Swim</b> Availability Life guards 11:30am - 3pm					
m	<b>Open Swim</b> Availability Life guards 12pm - 1pm			<b>Open Swim</b> <b>Availability</b> Life guards 12pm - 1pm		<b>Open Swim</b> Availability Life guards 12pm - 1pm	
m	<b>Arthritis Class</b> Ruth Persun 1pm - 2pm			<b>Arthritis Class</b> Ruth Persun 1pm - 2pm		<b>Arthritis Class</b> Ruth Persun 1pm - 2pm	Homeschool Swin Lessons Multiple Instructor 1pm - 2pm
							Homeschool Swir Lessons Multiple Instructor 1pm - 2pm
m	<b>Open Swim</b> <b>Availability</b> Life guards 2pm - 7:30pm						<b>Open Swim</b> <b>Availability</b> Life guards 2pm - 8:30pm

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any

exercise program.



exercise program.

	FRI 2	SAT 3	SUN 4	MON 5	TUE 6	WED 7	THU 8
5pm				YMCA Swim Lessons Multiple Instructors 5pm - 6:30pm	<b>Swim Lessons</b> 5pm - 5:45pm	YMCA Swim Lessons Multiple Instructors 5pm - 6:30pm	<b>3 Lap Lane Rental</b> Robin Barth 5:30pm - 7pm
					<b>Aqua Pilates</b> Jayda Beagle 5:30pm - 6:30pm		
6pm				Open Swim Availability Life guards 6:30pm - 8:30pm	<b>Open Swim</b> <b>Availability</b> Life guards 6:30pm - 8:30pm	Open Swim Availability Life guards 6:30pm - 8:30pm	