



Pool @ Williamsport
March 31st - April 6th

641 Walnut Street
Williamsport, PA 17701
5703237134

	TUE 31	WED 1	THU 2	FRI 3	SAT 4	SUN 5	MON 6
5am	Open Swim 5am - 9am	Open Swim - 3 Lap Lanes Open 5am - 9am	Open Swim 5am - 9am	Open Swim - 3 Lap Lanes Open 5am - 9am			Open Swim - 3 Lap Lanes Open 5am - 9am
	MASTERS - NO LANES OPEN 5:30am - 6:30am		MASTERS - NO LANES OPEN 5:30am - 6:30am				
7am					Member ONLY - Open Swim Life guards 7:30am - 9am		
9am	Water Fitness Ghena Benner 9am - 10am	Water Fitness Ghena Benner 9am - 10am	Water Fitness Ghena Benner 9am - 10am	Water Fitness Ghena Benner 9am - 10am	Water Yoga Lenora Georges 9am - 10am		Water Fitness Ghena Benner 9am - 10am
10am	Preschool Swim Lessons Multiple Instructors 10:30am - 11am	Water Fitness Ghena Benner 10am - 11am	Open Swim 10am - 1pm	Open Swim 10am - 11am	Member ONLY - Open Swim Life guards 10am - 1:30pm	Member ONLY - Open Swim No Instructor 10am - 3:30pm	Water Fitness Ghena Benner 10am - 11am
11am	Open Swim 11am - 5pm	Water Yoga Lenora Georges 11am - 12pm		Water Yoga Lenora Georges 11am - 12pm			Water Yoga Lenora Georges 11am - 12pm
12pm		Open Swim 12pm - 1pm		Open Swim 12pm - 1pm			Open Swim 12pm - 1pm
1pm		Arthritis Class Ruth Persun 1pm - 2pm	Homeschool Swim Lessons Multiple Instructors 1pm - 2pm	Arthritis Class Ruth Persun 1pm - 2pm			Arthritis Class Ruth Persun 1pm - 2pm
2pm		Open Swim 2pm - 4:45pm	Open Swim 2pm - 8:30pm	Open Swim 2pm - 7:30pm			Open Swim 2pm - 5pm
4pm		Youth Swim Lessons Multiple Instructors 4:45pm - 5:30pm					
5pm		Youth Swim Lessons Multiple Instructors 5:30pm - 6:15pm					Parent Tot Swim Lessons Multiple Instructors 5pm - 6:10pm
6pm	Aqua Pilates Jayda Beagle 6pm - 6:45pm	Open Swim - 0 Lap Lanes Open 6:15pm - 8:30pm		Special Olympics Swimming Multiple Instructors 6:30pm - 7:30pm			Open Swim 6:10pm - 8:30pm
	Open Swim 6:45pm - 8:30pm						

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.