

Pool @ Williamsport March 18th - March 24th

641 Walnut Street Williamsport, PA 17701 5703237134

	TUE 18	WED 19	THU 20	FRI 21	SAT 22	SUN 23	MON 24
5am	Open Swim Availability Life guards 5am - 9am	Open Swim - 3 Lap Lanes Open 5am - 9am	Open Swim Availability Life guards 5am - 9am	Open Swim - 3 Lap Lanes Open 5am - 9am			Open Swim - 3 Lap Lanes Open 5am - 9am
	MASTERS Swim Sue Smith 5:30am - 6:30am	Open Swim Availability Life guards 5am - 9am	MASTERS Swim Sue Smith 5:30am - 6:30am	Open Swim Availability Life guards 5am - 9am			Open Swim Availability Life guards 5am - 9am
7am					Member ONLY - Open Swim Life guards 7:30am - 9am		
9am	Water Fitness Ghena Benner 9am - 10am	Water Fitness Ghena Benner 9am - 10am	Water Fitness Ghena Benner 9am - 10am	Water Fitness Ghena Benner 9am - 10am			Water Fitness Ghena Benner 9am - 10am
10am	Open Swim Availability Life guards 10am - 5pm	Open Swim Availability Life guards 10am - 11am	Open Swim Availability Life guards 10am - 1pm	Open Swim Availability Life guards 10am - 11am	Youth Swim Lessons Multiple Instructors 10:15am - 11:30am	Member ONLY - Open Swim Life guards 10am - 3:30pm	Water Fitness Ghena Benner 10am - 11am
11am		Water Yoga Lenora Georges 11am - 12pm		Water Yoga Lenora Georges 11am - 12pm	Member ONLY - Open Swim Life guards 11:30am - 2:30pm		Water Yoga Lenora Georges 11am - 12pm
12pm		Open Swim Availability Life guards 12pm - 1pm		Open Swim Availability Life guards 12pm - 1pm			Open Swim Availability Life guards 12pm - 1pm
1pm		Arthritis Class Ruth Persun 1pm - 2pm	Homeschool Swim Lessons Multiple Instructors 1pm - 2pm	Arthritis Class Ruth Persun 1pm - 2pm			Arthritis Class Ruth Persun 1pm - 2pm
2pm			Open Swim Availability Life guards 2pm - 8:30pm	Open Swim Availability Life guards 2pm - 7:30pm			
5pm	Swim Lessons 5pm - 5:45pm	YMCA Swim Lessons Multiple Instructors 5pm - 6:30pm	3 Lap Lane Rental Robin Barth 5:30pm - 7pm				YMCA Swim Lessons Multiple Instructors 5pm - 6:30pm
	Aqua Pilates Jayda Beagle 5:45pm - 6:30pm						
6pm	Open Swim Availability Life guards 6:30pm - 8:30pm	Open Swim Availability Life guards 6:30pm - 8:30pm					Open Swim Availability Life guards 6:30pm - 8:30pm

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.