

YMCA of the Blue Water Area

January 9th - January 15th

1525 Third Street Port Huron, MI 48060 (810) 987-6400

	THU 9	FRI 10	SAT 11	SUN 12	MON 13	TUE 14	WED 15
am	2 Member Lap Lanes Pool - Competition No Instructor 6am - 9am	2 Member Lap Lanes Pool - Competition No Instructor 6am - 9am			2 Member Lap Lanes Pool - Competition No Instructor 6am - 9am	2 Member Lap Lanes Pool - Competition No Instructor 6am - 9am	2 Member Lap Lane Pool - Competition No Instructor 6am - 9am
am	Current Walk Pool - Recreation No Instructor 8am - 10am		2 Member Lap Lanes Pool - Competition No Instructor 8am - 4:30pm		Current Walk Pool - Recreation No Instructor 8am - 10am	Current Walk Pool - Recreation No Instructor 8am - 10am	Current Walk Pool - Recreation No Instructor 8am - 10am
			Group Swim Lessons \$ Pool - Recreation Instructor Rotates 8am - 12pm				
)am	2 Member Lap Lanes Pool - Competition No Instructor 9am - 12pm	2 Member Lap Lanes Pool - Competition No Instructor 9am - 12pm			2 Member Lap Lanes Pool - Competition No Instructor 9am - 12pm	2 Member Lap Lanes Pool - Competition No Instructor 9am - 12pm	2 Member Lap Lane Pool - Competition No Instructor 9am - 12pm
	Water Aerobics Pool - Competition Alex E 9am - 9:45am					Water Aerobics Pool - Competition Alex E 9am - 9:45am	
am	Water Aerobics Pool - Recreation Alex E 10am - 10:45am	Water Aerobics Pool - Competition Shannon T 10:15am - 11am	Water Aerobics Pool - Competition Instructor Rotates 10:15am - 11am		Water Aerobics Pool - Competition Shannon T 10:15am - 11am	Water Aerobics Pool - Recreation Alex E 10am - 10:45am	Water Aerobics Pool - Competition Shannon T 10:15am - 11am
am	Water Aerobics Pool - Recreation Shannon T 11am - 11:45am	Water Aerobics Pool - Competition Shannon T 11am - 11:45am	ASD Pool - Recreation Instructor Rotates 11:25am - 11:45am		Water Aerobics Pool - Competition Shannon T 11am - 11:45am	Water Aerobics Pool - Recreation Shannon T 11am - 11:45am	Water Aerobics Pool - Competition Shannon T 11am - 11:45am
		Arthritis Aquatics Pool - Recreation Instructor Rotates 11:15am - 12pm			Arthritis Aquatics Pool - Recreation Instructor Rotates 11:15am - 12pm		Arthritis Aquatics Pool - Recreation Instructor Rotates 11:15am - 12pm
pm	2 Member Lap Lanes Pool - Competition No Instructor 12pm - 3pm	2 Member Lap Lanes Pool - Competition No Instructor 12pm - 3pm			2 Member Lap Lanes Pool - Competition No Instructor 12pm - 3pm	2 Member Lap Lanes Pool - Competition No Instructor 12pm - 3pm	2 Member Lap Lane Pool - Competition No Instructor 12pm - 3pm
pm	2 Member Lap Lanes Pool - Competition No Instructor 3pm - 6pm	PHASD Swim Team Pool - Competition No Instructor 3pm - 5pm			2 Member Lap Lanes Pool - Competition No Instructor 3pm - 6pm	2 Member Lap Lanes Pool - Competition No Instructor 3pm - 6pm	2 Member Lap Lane Pool - Competition No Instructor 3pm - 6pm
	PHASD Swim Team Pool - Competition No Instructor 3pm - 4:30pm				PHASD Swim Team Pool - Competition No Instructor 3pm - 5pm		PHASD Swim Team Pool - Competition No Instructor 3pm - 5pm
lpm	Open Swim w/Rec Slide Pool - Recreation No Instructor 4pm - 8:30pm	Open Swim w/Rec Slide Pool - Recreation No Instructor 4pm - 8:30pm			Open Swim w/Rec Slide Pool - Recreation No Instructor 4pm - 8:30pm	Open Swim w/Rec Slide Pool - Recreation No Instructor 4pm - 8:30pm	Open Swim w/Rec Slide Pool - Recreation No Instructor 4pm - 8:30pm

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.



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	THU 9	FRI 10	SAT 11	SUN 12	MON 13	TUE 14	WED 15
	Water Aerobics				Blue Water Otters	Water Aerobics	Blue Water Otter
	Pool - Competition			((((((((((((((((((((((((((((((((((((Swim Team	Pool - Competition	Swim Team
	Lynn P				Pool - Competition	Lynn P	Pool - Competitior
	5:45pm - 6:30pm				Allison R	5:45pm - 6:30pm	Allison R
					5pm - 6:30pm		5pm - 6:30pm
n 2	2 Member Lap Lanes	2 Member Lap Lanes			2 Member Lap Lanes	2 Member Lap Lanes	2 Member Lap Lan
	Pool - Competition	Pool - Competition		XIIIIIIII	Pool - Competition	Pool - Competition	Pool - Competition
	No Instructor	No Instructor		X	No Instructor	No Instructor	No Instructor
	6pm - 8:30pm	6pm - 8:30pm			6pm - 8:30pm	6pm - 8:30pm	6pm - 8:30pm
	Porpoise Club \$				Adult Swim Class -	Porpoise Club \$	Adult Swim Class
	Pool - Competition				Advanced \$	Pool - Competition	Advanced \$
	Amanda D				Pool - Competition	Amanda D	Pool - Competition
	6:30pm - 7:30pm				Jackie M	6:30pm - 7:30pm	Jackie M
					6:30pm - 7:30pm		6:30pm - 7:30pm

exercise program.