



YMCA of the Blue Water Area

March 23rd - March 29th

1525 Third Street
Port Huron, MI 48060
(810) 987-6400

	SUN 23	MON 24	TUE 25	WED 26	THU 27	FRI 28	SAT 29
5am		Boot Camp Gym - West Tina H 5:30am - 6:15am		Boot Camp Gym - West Tina H 5:30am - 6:15am		Boot Camp Gym - West Tina H 5:30am - 6:15am	
		Boot Camp Gym - East Tina H 5:30am - 6:15am		Boot Camp Gym - East Tina H 5:30am - 6:15am		Boot Camp Gym - East Tina H 5:30am - 6:15am	
6am			Pickleball Gym - East No Instructor 6:30am - 9am		Pickleball Gym - East No Instructor 6:30am - 9am		
9am		Enhance Fitness - Level 1 Gym - East Sue S 9:15am - 10am	Crush It Gym - West Elizabeth A 9:15am - 10am	Enhance Fitness - Level 1 Gym - East Sue S 9:15am - 10am	Crush It Gym - West Elizabeth A 9:15am - 10am	Enhance Fitness - Level 1 Gym - West Sue S 9:15am - 10am	
		Enhance Fitness - Level 1 Gym - West Sue S 9:15am - 10am		Enhance Fitness - Level 1 Gym - West Sue S 9:15am - 10am		Enhance Fitness - Level 1 Gym - East Sue S 9:15am - 10am	
10am		Senior Boot Camp Gym - East Alex E 10:15am - 11am		Senior Boot Camp Gym - East Alex E 10:15am - 11am		Senior Boot Camp Gym - West Alex E 10:15am - 11am	
		Senior Boot Camp Gym - West Alex E 10:15am - 11am		Senior Boot Camp Gym - West Alex E 10:15am - 11am		Senior Boot Camp Gym - East Alex E 10:15am - 11am	
11am		Pickleball Gym - West No Instructor 11am - 12pm	Warm World Gym - East Instructor Rotates 11am - 12pm	Pickleball Gym - West No Instructor 11am - 12pm	Warm World Gym - East Instructor Rotates 11am - 12pm	Pickleball Gym - West No Instructor 11am - 12pm	
		Warm World Gym - East Instructor Rotates 11am - 12pm		Warm World Gym - East Instructor Rotates 11am - 12pm		Warm World Gym - East Instructor Rotates 11am - 12pm	
12pm		Pickleball Gym - West No Instructor 12pm - 2pm		Pickleball Gym - East No Instructor 12pm - 2pm	Home School Gym & Swim \$ Gym - West Instructor Rotates 12:15pm - 2:15pm	Pickleball Gym - East No Instructor 12pm - 2pm	
		Pickleball Gym - East No Instructor 12pm - 2pm		Pickleball Gym - West No Instructor 12pm - 2pm		Pickleball Gym - West No Instructor 12pm - 2pm	
3pm		Warm World Gym - East Instructor Rotates 3pm - 4pm	Warm World Gym - East Instructor Rotates 3pm - 4pm	Warm World Gym - East Instructor Rotates 3pm - 4pm	Warm World Gym - East Instructor Rotates 3pm - 4pm	Warm World Gym - East Instructor Rotates 3pm - 4pm	

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.