



Pool @ Towpath Trail YMCA  
December 20th - December 26th

1226 Market St NE  
Navarre, OH 44662  
(330) 879-0800

	FRI 20	SAT 21	SUN 22	MON 23	TUE 24	WED 25	THU 26
6am	Lap Swim 6:30am - 7:50am			Lap Swim 6:30am - 8:50am	Lap Swim 6:30am - 8:50am	Lap Swim 6:30am - 8:50am	Lap Swim 6:30am - 8:50am
7am		Lap Swim 7am - 8:30am			Lap & Open Swim 7am - 12pm		
8am	Deep Water Blast Heather P 8am - 8:50am			Safety Break 8:15am - 8:25am	Safety Break 8:15am - 8:25am	Safety Break 8:15am - 8:25am	Safety Break 8:15am - 8:25am
	Safety Break 8:15am - 8:25am						
9am	Lap & Open Swim 9am - 12pm	Swim Lessons (\$) 9am - 11:30am		Aquamotion Heather P 9am - 9:50am		Lap & Open Swim 9am - 12pm	Aquamotion Heather P 9am - 9:50am
10am	Safety Break 10:15am - 10:25am			Lap & Open Swim 10am - 12pm	Safety Break 10:15am - 10:25am	Safety Break 10:15am - 10:25am	Safety Break 10:15am - 10:25am
				Safety Break 10:15am - 10:25am			
11am							Lap & Open Swim 11am - 8:30pm
12pm			Lap & Open Swim 12pm - 2:30pm				
3pm	Lap & Open Swim 3:30pm - 6:30pm			Lap & Open Swim 3:30pm - 5:50pm		Lap & Open Swim 3:30pm - 5:50pm	
5pm				Safety Break 5:15pm - 5:25pm	Safety Break 5:15pm - 5:25pm	Safety Break 5:15pm - 5:25pm	Safety Break 5:15pm - 5:25pm
6pm				Aquamotion Lucy W 6pm - 6:50pm		Aquamotion Lucy W 6pm - 6:50pm	
7pm				Lap & Open Swim 7pm - 8:30pm		Lap & Open Swim 7pm - 8:30pm	

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.