



OLDHAM COUNTY FAMILY YMCA

June 5th - June 11th

20 Quality Place
Buckner, KY 40010
(502) 222-9358

7am

FRI 5	SAT 6	SUN 7	MON 8	TUE 9	WED 10	THU 11
				Yoga Outside Aparna Pavnaskar 7:30am - 8:30pm		

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.