



Pool @ Pierson Road YMCA
September 25th - October 1st

5219 W. Pierson Road
Flushing Michigan, MI 48433
(810) 732-9622

	WED 25	THU 26	FRI 27	SAT 28	SUN 29	MON 30	TUE 1
6am	Lap Swim Lifeguard Present 6am - 7:50am	Lap Swim Lifeguard Present 6am - 7:50am	Lap Swim Lifeguard Present 6am - 7:50am			Lap Swim Lifeguard Present 6am - 7:50am	Lap Swim Lifeguard Present 6am - 7:50am
8am				Lap Swim Lifeguard Present 8am - 9am			
9am				Group Swim Lessons Lifeguard Present 9am - 12pm			
11am	Aqua Aerobics Movment Lifeguard Present 11am - 11:50am		Aqua Aerobics Movment Lifeguard Present 11am - 11:50am	Open Swim Lifeguard Present 11:45am - 2:50pm		Aqua Aerobics Movment Lifeguard Present 11am - 11:50am	
12pm	Hurley + lap lanes Lifeguard Present 12pm - 1pm	Hurley + lap lanes Lifeguard Present 12pm - 1pm	Hurley + lap lanes Lifeguard Present 12pm - 1pm			Hurley + lap lanes Lifeguard Present 12pm - 1pm	Hurley + lap lanes Lifeguard Present 12pm - 1pm
1pm	Aqua Aerobics Movment Lifeguard Present 1pm - 1:50pm		Aqua Aerobics Movment Lifeguard Present 1pm - 1:50pm			Aqua Aerobics Movment Lifeguard Present 1pm - 1:50pm	
5pm			Open Swim Lifeguard Present 5pm - 7:50pm			Open Swim Lifeguard Present 5pm - 7:50pm	

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.