



Redlands Family YMCA

June 10th - June 16th

500 E. Citrus Ave
Redlands, CA 92373
(909) 798-9622

	TUE 10	WED 11	THU 12	FRI 13	SAT 14	SUN 15	MON 16
5am	Lap Swim (6 Lanes) Lap Pool Redlands Gym 5am - 4pm	Lap Swim (6 Lanes) Lap Pool Redlands Gym 5am - 5:15am	Lap Swim (6 Lanes) Lap Pool Redlands Gym 5am - 4pm	Lap Swim (6 Lanes) Lap Pool Redlands Gym 5am - 5:15am			Water Walking Teaching Pool Redlands Y Gym 5am - 8am
	Water Walking Teaching Pool Redlands Y Gym 5am - 8am	Water Walking Teaching Pool Redlands Y Gym 5am - 8am	Water Walking Teaching Pool Redlands Y Gym 5am - 8am	Water Walking Teaching Pool Redlands Y Gym 5am - 8am			Lap Swim (6 Lanes) Lap Pool Redlands Gym 5am - 5:15am
		Masters Swim (3 Lanes) Lap Pool Redlands Gym Audy O 5:15am - 6:45am		Lap Swim (3 Lanes) Lap Pool Redlands Gym 5:15am - 6:45am			Lap Swim (3 Lanes) Lap Pool Redlands Gym 5:15am - 6:45am
		Lap Swim (3 Lanes) Lap Pool Redlands Gym 5:15am - 6:45am		Masters Swim (3 Lanes) Lap Pool Redlands Gym Audy O 5:15am - 6:45am			Masters Swim (3 Lanes) Lap Pool Redlands Gym Audy O 5:15am - 6:45am
6am		Lap Swim (6 Lanes) Lap Pool Redlands Gym 6:45am - 4pm		Lap Swim (6 Lanes) Lap Pool Redlands Gym 6:45am - 9pm			Lap Swim (6 Lanes) Lap Pool Redlands Gym 6:45am - 4pm
7am					Lap Swim (6 Lanes) Lap Pool Redlands Gym 7am - 9am		
					Water Walking Teaching Pool Redlands Y Gym 7am - 8am		
8am	Power Plunge Teaching Pool Redlands Y Gym Meagan V 8am - 9am	Power Plunge Teaching Pool Redlands Y Gym Hannah E 8am - 9am	Power Plunge Teaching Pool Redlands Y Gym Meagan V 8am - 9am		Power Plunge Teaching Pool Redlands Y Gym Jacob E. 8am - 9am		Power Plunge Teaching Pool Redlands Y Gym Hannah E 8am - 9am
	Lap Swim (3 Lanes) Lap Pool Redlands Gym 8:30am - 9am	Lap Swim (3 Lanes) Lap Pool Redlands Gym 8:30am - 9am	Lap Swim (3 Lanes) Lap Pool Redlands Gym 8:30am - 9am				
	Swim Lessons Lap Pool Redlands Gym 8:30am - 9am	Swim Lessons Lap Pool Redlands Gym 8:30am - 9am	Swim Lessons Lap Pool Redlands Gym 8:30am - 9am				
9am	Open Swim (Half Pool) Teaching Pool Redlands Y Gym 9am - 10am	Open Swim (Half Pool) Teaching Pool Redlands Y Gym 9am - 10am	Open Swim (Half Pool) Teaching Pool Redlands Y Gym 9am - 10am	Open Swim Teaching Pool Redlands Y Gym 9am - 11am	Lap Swim (4 Lanes) Lap Pool Redlands Gym 9am - 12pm		

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.



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	Swim Lessons Teaching Pool Redlands Y Gym 9am - 10am	Swim Lessons Teaching Pool Redlands Y Gym 9am - 10am	Swim Lessons Teaching Pool Redlands Y Gym 9am - 10am		Lap Swim - Swim Lessons Lap Pool Redlands Gym 9am - 11:50am		
					Swim Lessons Teaching Pool Redlands Y Gym 9am - 12pm		
11am	Power Plunge Teaching Pool Redlands Y Gym Anna A 11am - 12pm	Water Walking Teaching Pool Redlands Y Gym 11am - 12pm	Power Plunge Teaching Pool Redlands Y Gym Anna A 11am - 12pm	Water Walking Teaching Pool Redlands Y Gym 11am - 12pm		Lap Swim Lap Pool Redlands Gym 11am - 5pm	Water Walking Teaching Pool Redlands Y Gym 11am - 12pm
						Open Swim Teaching Pool Redlands Y Gym 11am - 5pm	
12pm				Open Swim Teaching Pool Redlands Y Gym 12pm - 9pm	Lap Swim (6 Lanes) Lap Pool Redlands Gym 12pm - 5pm		
					Open Swim Teaching Pool Redlands Y Gym 12pm - 5pm		
1pm		Adventure Day Camp Teaching Pool Redlands Y Gym 1pm - 3pm					Adventure Day Camp Teaching Pool Redlands Y Gym 1pm - 3pm
4pm	Lap Swim (4 Lanes) Lap Pool Redlands Gym 4pm - 7:30pm	Lap Swim (2 Lanes) Lap Pool Redlands Gym 4pm - 6:15pm	Lap Swim (4 Lanes) Lap Pool Redlands Gym 4pm - 7:30pm				Lap Swim (2 Lanes) Lap Pool Redlands Gym 4pm - 6:15pm
	Swim Lessons Teaching Pool Redlands Y Gym 4pm - 7:25pm	Lap Swim - Swim Lessons Lap Pool Redlands Gym 4pm - 7:25pm	Lap Swim - Swim Lessons Lap Pool Redlands Gym 4pm - 7:25pm				Lap Swim - Swim Lessons Lap Pool Redlands Gym 4pm - 7:25pm
	Lap Swim - Swim Lessons Lap Pool Redlands Gym 4pm - 7:25pm	Swim Lessons Teaching Pool Redlands Y Gym 4pm - 7:25pm	Swim Lessons Teaching Pool Redlands Y Gym 4pm - 7:25pm				Swim Lessons Teaching Pool Redlands Y Gym 4pm - 7:25pm
6pm		Lap Swim (4 Lanes) Lap Pool Redlands Gym 6:15pm - 7:30pm					Lap Swim (4 Lanes) Lap Pool Redlands Gym 6:15pm - 7:30pm
7pm	Lap Swim (6 Lanes) Lap Pool Redlands Gym 7:30pm - 9pm	Lap Swim (6 Lanes) Lap Pool Redlands Gym 7:30pm - 9pm	Lap Swim (6 Lanes) Lap Pool Redlands Gym 7:30pm - 9pm				Lap Swim (6 Lanes) Lap Pool Redlands Gym 7:30pm - 9pm

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8pm

TUE 10	WED 11	THU 12	FRI 13	SAT 14	SUN 15	MON 16
Open Swim Teaching Pool Redlands Y Gym 7:30pm - 9pm	Open Swim Teaching Pool Redlands Y Gym 7:30pm - 9pm	Power Plunge Teaching Pool Redlands Y Gym Anna A 7:30pm - 8:30pm				Open Swim Teaching Pool Redlands Y Gym 7:30pm - 9pm
		Open Swim Teaching Pool Redlands Y Gym 8:30pm - 9pm				

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